

Steve Sisolak
Governor



Richard Whitley
Director

State of Nevada
Department of Health and
Human Services

RESPIRE SERVICES IN NEVADA

Aging and Disability Services Division

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Helping people. It's who we are and what we do.

What is Respite? And who are family caregivers?

Respite is a planned, or emergency temporary care provided to caregivers of an individual with a “chronic or other health condition, disability, or functional limitation.”

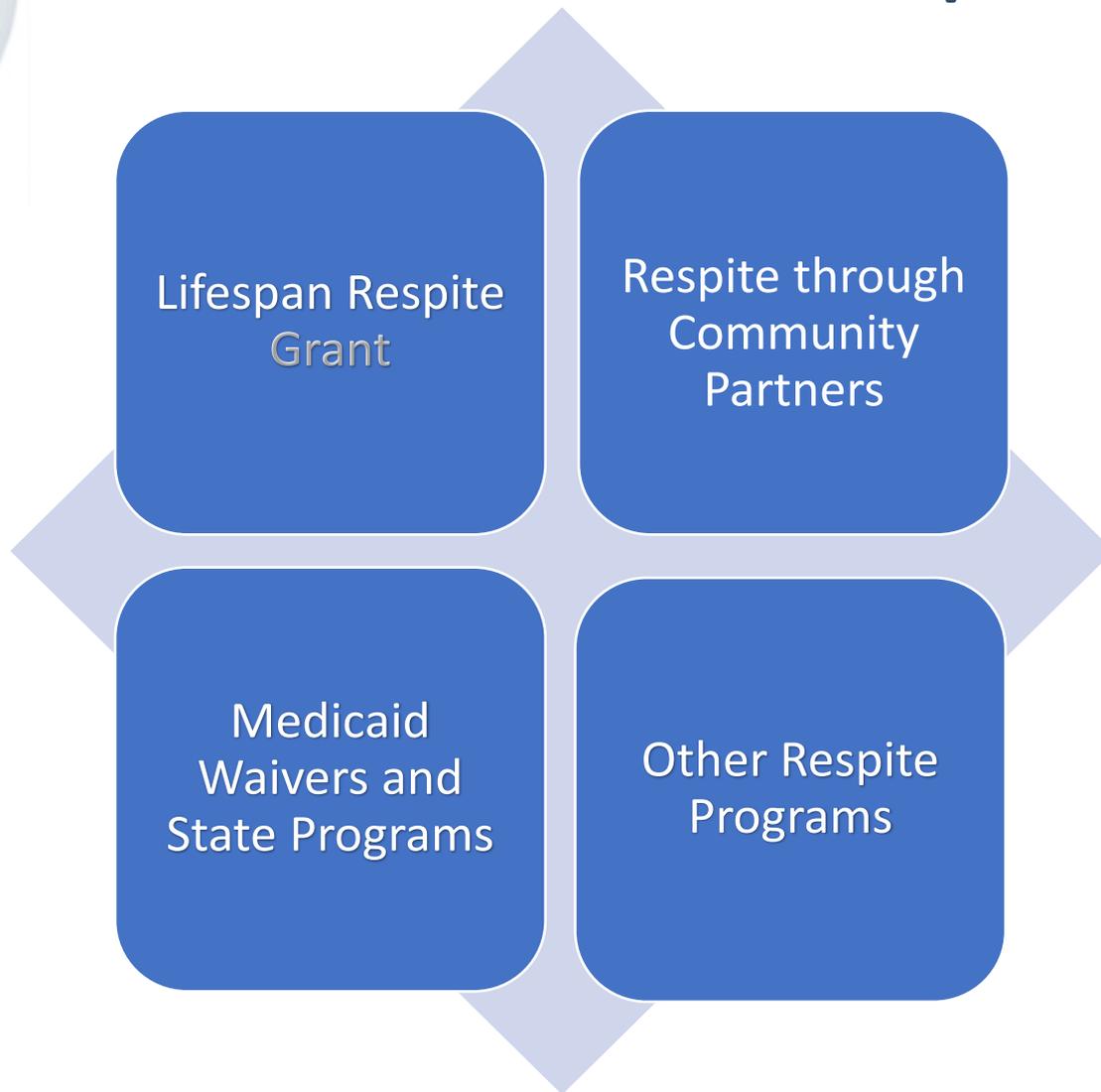
Respite programs provide planned short-term and time-limited breaks for families and other unpaid caregivers to support and maintain the primary caregiving relationship. The intention of Respite is to provide relief from the caregiving responsibilities as well as a positive experience for the person receiving care.

A **caregiver** is a relative or other individual who has a “significant relationship with,” and who cares for an individual with a “chronic or other health condition, disability, or functional limitation.”





Where to Find Respite





Types of Respite Available

Respite Vouchers

One-time respite funding

Regular Ongoing Respite Allotments

Center or Activity Based (Ex. Adult Day Care)

Grandparent Respite





The Nevada Lifespan Respite Care Coalition (NLRCC)



The NLRCC purpose is to develop strategies

- to increase awareness of respite and its benefits,
- reduce barriers to the access of respite services;
- improve the quality of respite services;
- advocate for education, training, and grants in support of family caregivers,
- and make recommendations to the Legislature, the Governor's Office, or other State Agencies on ways to improve outcomes for caregivers and their families.

Link to video on NLRCC: [Welcome to the Nevada Lifespan Respite Care Coalition - YouTube](#)





ADSD Sub-Grantee Partners for Respite

Respite Vouchers

Nevada Senior Services

Alzheimer's Association

Helping Hands of Vegas Valley, Inc.

Care Coordinated In and Out-of-Home Respite

Neighborhood Network-N4

Nevada Rural Counties RSVP

City of Mesquite

Adult Day Care Programs

More to Life

The Continuum-Regenerations

Nevada Senior Services

Washoe County

Grandparent Respite

East Valley Family Services

Family Resource Centers of
Northeastern Nevada





ADSD State Programs that Provide Respite & Other Programs in the Community

Regional Center (Sierra, Desert, and Rural)

Autism Treatment Assistance Program

Veterans Administration: Elizabeth Dole Foundation

Nevada PEP

Just In Hope

Northern Nevada Rave Family Foundation

Eagle Valley Children's Foundation

Clark County

Friends Day Out in Elko County

Reno Cancer Foundation

Reno-Sparks Indian Colony-Title VI Funding

Resource Navigators provide unbiased information to individuals/families regardless of age or income to make informed decisions about services and resources in their communities.

Services include but are not limited to:

- Application assistance
- Pre-determining eligibility for public programs
- Caregiver support and respite care services
- Consumer advocacy
- Case management

Visit:

www.nevadacareconnectoin.org

or call Nevada 2-1-1 and ask for a Nevada Care Connection Resource Center near you!





Questions?





Contact Information

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